

| Septembre |          | Octobre |          | Novembre |           | Décembre |           | Janvier |          | Février |           | Mars |           | Avril |           | Mai  |           | Juin |          | Juillet |          |
|-----------|----------|---------|----------|----------|-----------|----------|-----------|---------|----------|---------|-----------|------|-----------|-------|-----------|------|-----------|------|----------|---------|----------|
| 1 V       |          | 1 D     |          | 1 M      | Toussaint | 1 V      | RE PI CP  | 1 L     | J. l'An  | 1 J     |           | 1 J  |           | 1 D   | Pâques    | 1 M  | F.travail | 1 V  | ST RE CP | 1 D     |          |
| 2 S       |          | 2 L     |          | 2 J      |           | 2 S      |           | 2 M     |          | 2 V     |           | 2 V  |           | 2 L   |           | 2 M  |           | 2 S  |          | 2 L     |          |
| 3 D       |          | 3 M     | ST RE CP | 3 V      |           | 3 D      |           | 3 M     |          | 3 S     |           | 3 S  |           | 3 M   | PI RE CP  | 3 J  |           | 3 D  |          | 3 M     | RE PI CP |
| 4 L       |          | 4 M     |          | 4 S      |           | 4 L      |           | 4 J     |          | 4 D     |           | 4 D  |           | 4 M   |           | 4 V  |           | 4 L  |          | 4 M     |          |
| 5 M       |          | 5 J     | RE PI CP | 5 D      |           | 5 M      | RE LIA CP | 5 V     |          | 5 L     |           | 5 L  |           | 5 J   |           | 5 S  |           | 5 M  | RE PI CP | 5 J     |          |
| 6 M       |          | 6 V     | RE PI CP | 6 L      |           | 6 M      |           | 6 S     |          | 6 M     | PI RE CP  | 6 M  |           | 6 V   | RE LIA CP | 6 D  |           | 6 M  |          | 6 V     | RE ST CP |
| 7 J       |          | 7 S     |          | 7 M      | RE ST CP  | 7 J      |           | 7 D     |          | 7 M     |           | 7 M  |           | 7 S   |           | 7 L  |           | 7 J  |          | 7 S     |          |
| 8 V       |          | 8 D     |          | 8 M      |           | 8 V      | PI RE CP  | 8 L     |          | 8 J     |           | 8 J  |           | 8 D   |           | 8 M  |           | 8 V  | RE ST CP | 8 D     |          |
| 9 S       | Forum    | 9 L     |          | 9 J      |           | 9 S      |           | 9 M     | ST RE CP | 9 V     | RE ST CP  | 9 V  |           | 9 L   |           | 9 M  |           | 9 S  |          | 9 L     |          |
| 10 D      |          | 10 M    | RE ST CP | 10 V     | PI RE CP  | 10 D     |           | 10 M    |          | 10 S    |           | 10 S |           | 10 M  | RE PI CP  | 10 J |           | 10 D |          | 10 M    |          |
| 11 L      |          | 11 M    |          | 11 S     | Armistice | 11 L     |           | 11 J    |          | 11 D    |           | 11 D |           | 11 M  |           | 11 V |           | 11 L |          | 11 M    |          |
| 12 M      | RF RF CP | 12 J    |          | 12 D     |           | 12 M     | LIA RE CP | 12 V    | RE ST CP | 12 L    |           | 12 L |           | 12 J  |           | 12 S |           | 12 M | PI RE CP | 12 J    |          |
| 13 M      |          | 13 V    | PI RE CP | 13 L     |           | 13 M     |           | 13 S    |          | 13 M    | RE PI CP  | 13 M | RE PI CP  | 13 V  | LIA RE CP | 13 D |           | 13 M |          | 13 V    |          |
| 14 J      |          | 14 S    |          | 14 M     | ST RE CP  | 14 J     |           | 14 D    |          | 14 M    |           | 14 M |           | 14 S  |           | 14 L |           | 14 J |          | 14 S    |          |
| 15 V      | RF RF CP | 15 D    |          | 15 M     |           | 15 V     | RE PI CP  | 15 L    |          | 15 J    |           | 15 J |           | 15 D  |           | 15 M | PI RE CP  | 15 V | ST RE CP | 15 D    |          |
| 16 S      |          | 16 L    |          | 16 J     |           | 16 S     |           | 16 M    | RE PI CP | 16 V    | ST RE CP  | 16 V | LIA RE CP | 16 L  |           | 16 M |           | 16 S |          | 16 L    |          |
| 17 D      |          | 17 M    | ST RE CP | 17 V     | RE PI CP  | 17 D     |           | 17 M    |          | 17 S    |           | 17 S |           | 17 M  | PI RE CP  | 17 J |           | 17 D | F. pères | 17 M    |          |
| 18 L      |          | 18 M    |          | 18 S     |           | 18 L     |           | 18 J    |          | 18 D    |           | 18 D |           | 18 M  |           | 18 V | ST RE CP  | 18 L |          | 18 M    |          |
| 19 M      | RF RF CP | 19 J    |          | 19 D     |           | 19 M     | RE LIA CP | 19 V    | ST RE CP | 19 L    |           | 19 L |           | 19 J  |           | 19 S |           | 19 M | RE PI CP | 19 J    |          |
| 20 M      |          | 20 V    | RE PI CP | 20 L     |           | 20 M     |           | 20 S    |          | 20 M    | PI RE CP  | 20 M | PI RE CP  | 20 V  | RE LIA CP | 20 D |           | 20 M |          | 20 V    |          |
| 21 J      |          | 21 S    |          | 21 M     | Annulé    | 21 J     |           | 21 D    |          | 21 M    |           | 21 M |           | 21 S  |           | 21 L | Pentecôte | 21 J |          | 21 S    |          |
| 22 V      | RF RF CP | 22 D    |          | 22 M     |           | 22 V     | PI RE CP  | 22 L    |          | 22 J    |           | 22 J |           | 22 D  |           | 22 M | RE PI CP  | 22 V | RE ST CP | 22 D    |          |
| 23 S      |          | 23 L    |          | 23 J     |           | 23 S     |           | 23 M    | PI RE CP | 23 V    | RE ST CP  | 23 V | RE LIA CP | 23 L  |           | 23 M |           | 23 S |          | 23 L    |          |
| 24 D      |          | 24 M    |          | 24 V     | PI RE CP  | 24 D     |           | 24 M    |          | 24 S    |           | 24 S |           | 24 M  | RE PI CP  | 24 J |           | 24 D |          | 24 M    |          |
| 25 L      |          | 25 M    |          | 25 S     |           | 25 L     | Noël      | 25 J    |          | 25 D    |           | 25 D |           | 25 M  |           | 25 V | RE ST CP  | 25 L |          | 25 M    |          |
| 26 M      | RF RF CP | 26 J    |          | 26 D     |           | 26 M     |           | 26 V    | RE ST CP | 26 L    |           | 26 L |           | 26 J  |           | 26 S |           | 26 M | PI RE CP | 26 J    |          |
| 27 M      |          | 27 V    |          | 27 L     |           | 27 M     |           | 27 S    |          | 27 M    |           | 27 M | RE PI CP  | 27 V  | LIA RE CP | 27 D | F. mères  | 27 M |          | 27 V    |          |
| 28 J      |          | 28 S    |          | 28 M     | LIA RE CP | 28 J     |           | 28 D    |          | 28 M    |           | 28 M |           | 28 S  |           | 28 L |           | 28 J |          | 28 S    |          |
| 29 V      | RF RF CP | 29 D    |          | 29 M     |           | 29 V     |           | 29 L    |          | 29 J    |           | 29 J |           | 29 D  |           | 29 M | PI RE CP  | 29 V | ST RE CP | 29 D    |          |
| 30 S      |          | 30 L    |          | 30 J     |           | 30 S     |           | 30 M    | RE PI CP | 30 V    | LIA RE CP | 30 V | LIA RE CP | 30 L  |           | 30 M |           | 30 S |          | 30 L    |          |
|           |          | 31 M    |          |          |           | 31 D     |           | 31 M    |          |         |           | 31 S |           |       |           | 31 J |           |      |          | 31 M    |          |

- CP Cardio Pop
- LIA Low Impact Aérobic
- PI Pilate
- RE Renforcement
- RF Remise en forme
- ST Step
- Zb Zumba

Les séances du mardi 27 et vendredi 28 mars sont annulées.  
Laure accidentée  
Emily absente